



Precautions to Consider Before Fraxel Treatments

Six to twelve months before treatment:

- Stop use of Accutane

Two weeks before treatment:

- Stop use of all Retinols
 - Retin A, Taxorac, "anti-aging" products
- Stop use of all glycolic acid treatments
- Stop excessive sun exposure
- Stop waxing

One week before treatment:

- Stop abrasive scrubs
- Stop microdermabrasion treatments
- Talk to your doctor if you have ever had a cold sore

Other pre-treatment suggestions:

- Are you pregnant or breast feeding?
 - If so, you are not a candidate at this time
- Stay Hydrated!
 - Drinking plenty of water before, during, and after your treatment can greatly increase the healing period.
- Tendency to hyperpigment?
 - Talk to your doctor about starting a bleaching regimen four weeks before your treatment series
- Be prepared!
 - Two weeks post treatment it is a good idea to avoid sun exposure.